



**LIPITOR**<sup>®</sup>  
atorvastatin calcium  
tablets

## Doctor Discussion Guide

### Keep the Cholesterol Conversation Going

Make the most of your treatment with LIPITOR by filling out and taking this Doctor Discussion Guide to your next appointment. That way, you can get your questions answered and understand how your treatment is working for you. It's easy to forget what you wanted to ask in the middle of an appointment. Review the below questions beforehand to see which matter most to you. There is space to add your own questions on the next page.

**How long does it take for LIPITOR to start working?** \_\_\_\_\_

**What are my latest test results? Does this mean LIPITOR is working for me?** \_\_\_\_\_

**How long should I continue taking my medicine?** \_\_\_\_\_

**What are my cholesterol treatment goals?** \_\_\_\_\_

**How often should I come see you and have my cholesterol levels checked?** \_\_\_\_\_

**What kind of diet can help me manage my cholesterol?** \_\_\_\_\_

**How much exercise is recommended to help me manage my cholesterol?** \_\_\_\_\_

**What other lifestyle changes can I make to help me manage my cholesterol?** \_\_\_\_\_

**What foods and medications should I avoid while taking LIPITOR?** \_\_\_\_\_

**Tell your doctor about all your medical conditions and all the medicines you take, including prescription, non-prescription, vitamins, and herbal supplements.** Especially tell your doctor if you take medicines for your immune system, cholesterol, infections, birth control, heart failure, HIV, or AIDS. My current medications: \_\_\_\_\_

**What are possible side effects of LIPITOR, and when should I call my doctor?** (ie, muscle pain, tenderness, weakness, etc) \_\_\_\_\_

### IMPORTANT SAFETY INFORMATION AND INDICATIONS

LIPITOR<sup>®</sup> (atorvastatin calcium) tablets are not for everyone, including anyone who has previously had an allergic reaction to LIPITOR. It is not for those with liver problems. And it is not for women who are nursing, pregnant, or may become pregnant. If you get pregnant, stop taking LIPITOR and call your doctor right away.

***Please see additional Important Safety Information and Indications continued on following page. Please see accompanying Full Prescribing and Patient Information.***



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Write down any additional questions you have in the space provided below.

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**Don't forget to save on your prescription with the LIPITOR Savings Card.\***

To learn more about this savings offer from Pfizer, the makers of LIPITOR, ask your doctor or visit [www.LIPITORCardRequest.com](http://www.LIPITORCardRequest.com).

### IMPORTANT SAFETY INFORMATION AND INDICATIONS (continued)

If you take LIPITOR tablets, tell your doctor if you feel any new muscle pain or weakness. This could be a sign of rare but serious muscle problems that can lead to kidney problems, including kidney failure.

Tell your doctor about all your medical conditions and all medications you take. This may help avoid serious drug interactions. Your doctor should do blood tests to check your liver function before starting LIPITOR and during your treatment if you have symptoms of liver problems. Call your doctor right away if you have the following symptoms of liver problems—feel tired or weak or have a loss of appetite, upper belly pain, dark amber colored urine or yellowing of your skin or the whites of your eyes.

Tell your doctor if you have diabetes. Elevated blood sugar levels have been reported with statins, including LIPITOR. Common side effects are diarrhea, upset stomach, muscle and joint pain, and changes in some blood tests.

Talk to your healthcare provider if you have side effects that bother you or that will not go away.

### INDICATIONS

LIPITOR is a prescription medicine that lowers cholesterol in the blood. It lowers the LDL-C (“bad” cholesterol) and triglycerides in your blood. It can raise your HDL-C (“good” cholesterol) as well. LIPITOR is for adults and children over 10 whose cholesterol does not come down enough with exercise and a low-fat diet alone.

LIPITOR can lower the risk for heart attack, stroke, certain types of heart surgery, and chest pain in patients who have heart disease or risk factors for heart disease such as age, smoking, high blood pressure, low HDL-C, or heart disease in the family. LIPITOR can lower the risk for heart attack or stroke in patients with diabetes and risk factors such as eye problems, kidney problems, smoking, or high blood pressure.

**Limitations of Use:** LIPITOR has not been studied in people who have an increase of chylomicrons (*Fredrickson* Types I and V).

LIPITOR is available in 10, 20, 40, and 80 mg tablets.

\*Eligibility required. Terms and conditions apply. Full terms and conditions can be found at [LIPITOR.com/savings-terms](http://LIPITOR.com/savings-terms). **This Savings Offer will be accepted only at participating pharmacies. This Savings Offer is not health insurance.** No membership fees. Maximum savings of \$1,800 per calendar year. This Savings Offer is not valid for prescriptions that are eligible to be reimbursed, in whole or in part, by Medicaid, Medicare, or other federal or state healthcare programs. This Savings Offer is not valid for prescriptions that are eligible to be reimbursed in whole by private insurance plans or other health or pharmacy benefit programs. Pfizer reserves the right to revoke, rescind, or amend this offer without notice. For help with the LIPITOR Savings Offer, call 1-800-314-7957, visit [LIPITOR.com](http://LIPITOR.com), or write: Pfizer Inc., 235 E 42nd Street, New York, NY 10017.

**Please see accompanying Full Prescribing and Patient Information.**